

THIS VERY MOMENT - CD RELEASE CELEBRATION

WENDY LUELLA PERKINS with TEILHARD FROST

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FOR IMMEDIATE RELEASE

The CD release celebration for **Wendy Luella Perkins'** new CD, ***THIS VERY MOMENT: Inspirational Chants for Singing, Dancing and Meditation*** takes place on Sunday November 20, 2011, 7:30 p.m. at Sydenham Street United Church, 82 Sydenham Street, Kingston. Wendy Luella will be sharing the stage with long-time musical collaborator, Teilhard Frost, from the group *Sheesham and Lotus*. *This Very Moment* was produced with the support of a generous grant from the Ontario Arts Council, and follows the release of Perkins' debut folk CD, *Lucky Life*, in November 2010.

Wendy Luella is a life-long singer and an ordained Unitarian Universalist minister. "My favourite part of church has always been the communal singing and silence," Perkins says. In 2002, she founded *Soulful Singing™*, a group singing experience where people chant and hold silence together. "With Soulful Singing™ there are no rehearsals or performances—just the moment of co-creation together" adds Perkins. In keeping with this idea, the CD celebration will be very participatory, with attendees invited to join in the music-making process with Perkins and Frost. To optimize on the church's wonderful acoustics and to create a sense of intimacy in the spacious sanctuary, everyone will be seated on the stage area and at the very front of the church. "I expect it will be a beautiful evening of spirited song" says Perkins.

The original chants on *THIS VERY MOMENT* are inspired by the teachings of the Buddhist nun, Pema Chödrön, various mystical writers and the wild places in Wendy Luella's Skeleton Park neighbourhood. "These chants were written to help me slow down, open up, give thanks, and live in the moment. When people sing along or listen to the chants they often experience these benefits as well," shares Perkins.

The production of *THIS VERY MOMENT* was a communal experience from start to finish, bringing together many people from the Kingston community. The recording was produced at Kingston's *North of Princess Recording Studio* by Zane Whitfield, and in addition to Wendy Luella, Teilhard and Zane's contributions, the CD features the voices of over twenty adult and child soulful singers. The album's artwork was created by local artist, Pam Thompson.

More information about Wendy Luella's music is available at www.wendyluellaperkins.com, including links to CD Baby, iTunes, and CBC Radio 3, where samples of her music can be heard and purchased. Tickets for the November 20th show are available in advance for \$15 at Brian's Record Option, 381 Princess Street, and Tara Natural Foods, 81 Princess Street. As seating allows, tickets will be sold at the door for \$20.

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MEDIA: To schedule an interview, or to learn more about Wendy Luella Perkins, the album and the release celebration, please contact Wendy Luella Perkins directly: 613-549-3102 info@wendyluellaperkins.com